

Kas erakorralise meditsiini arsti karjäär jäääb lühikeseks?





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arsti karjäär erakorralises
meditsiinis jäääb lühikeseks?

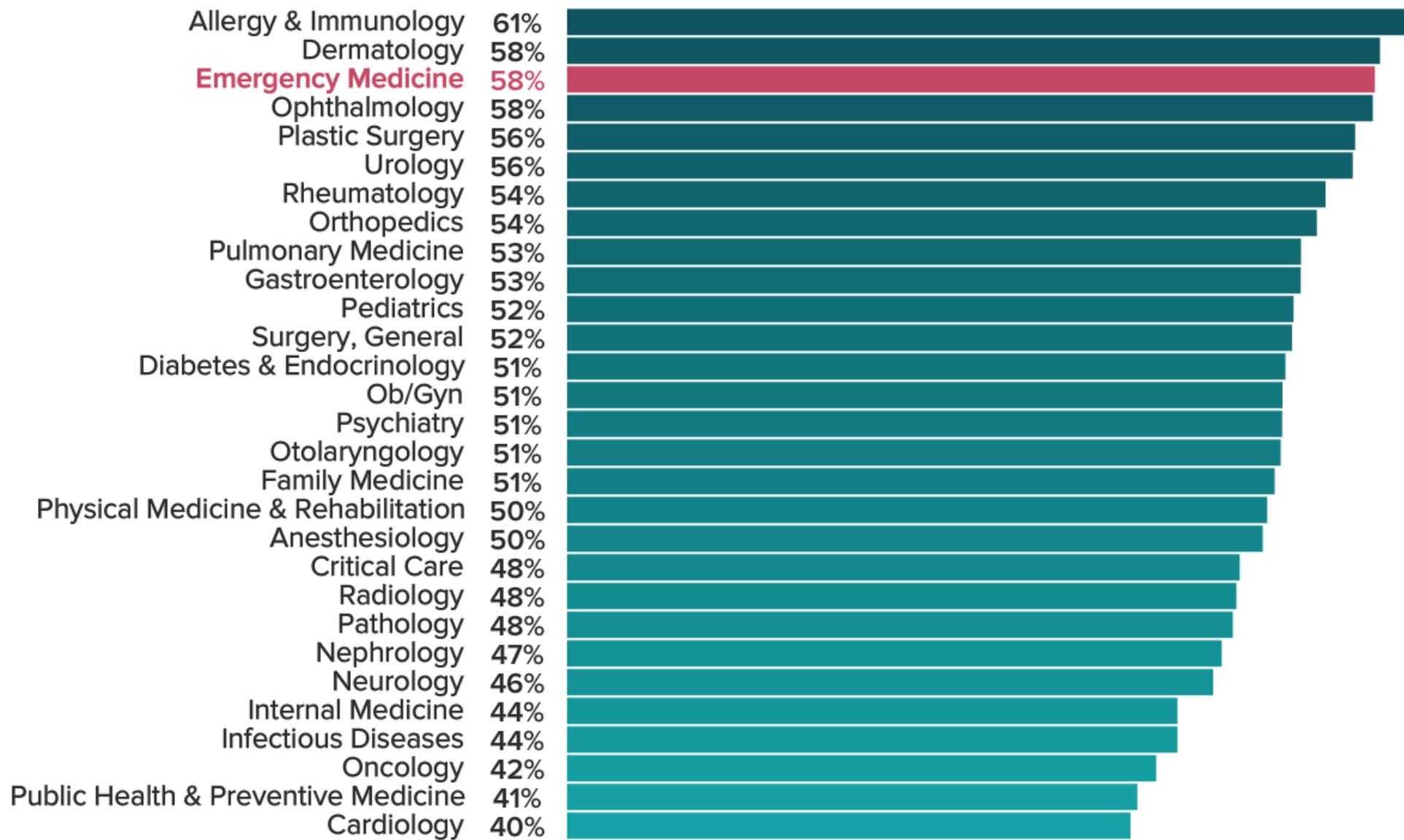




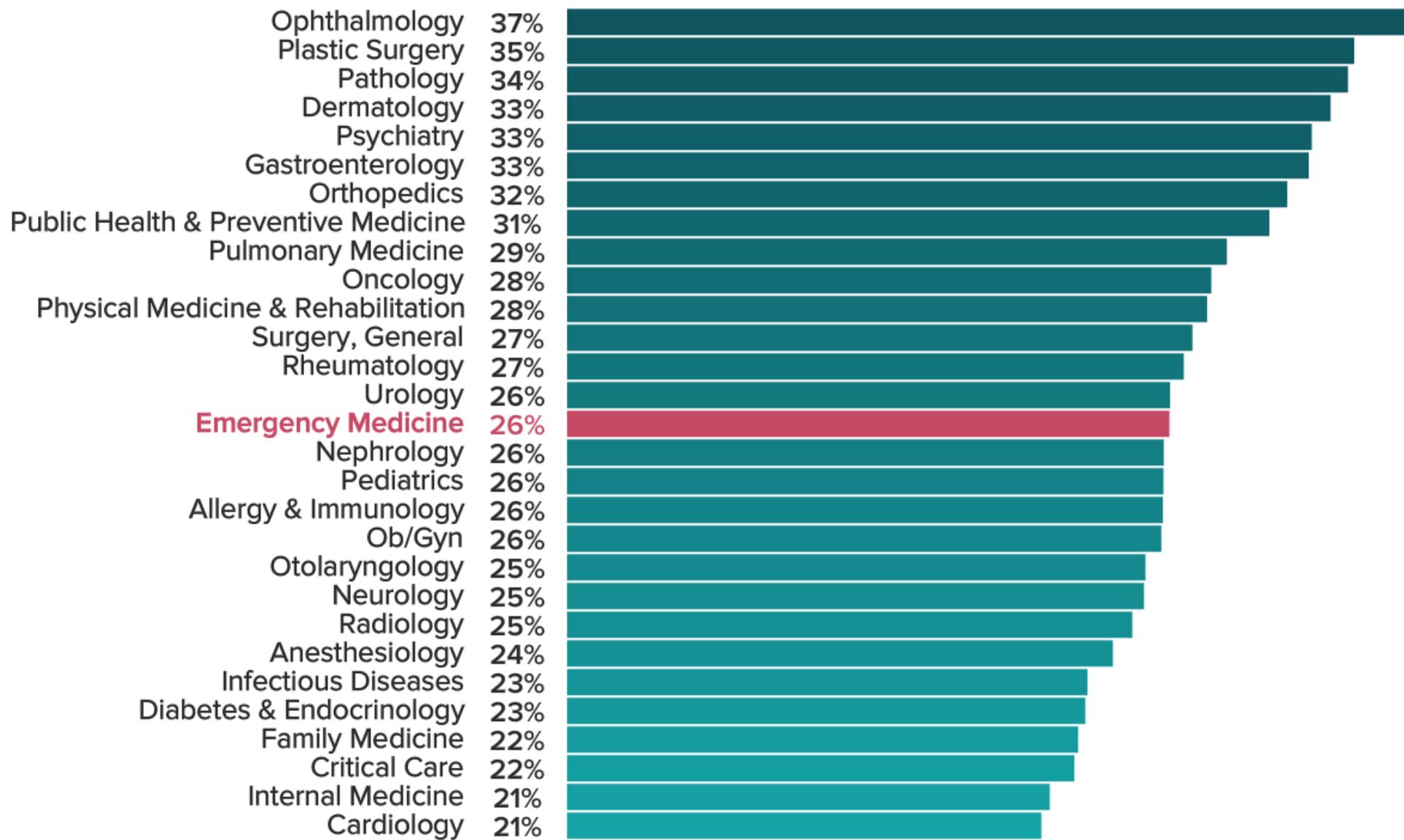
Medscape
PHYSICIAN
LIFESTYLE &
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REPORT 2018

| Physicians' Life
Beyond Work

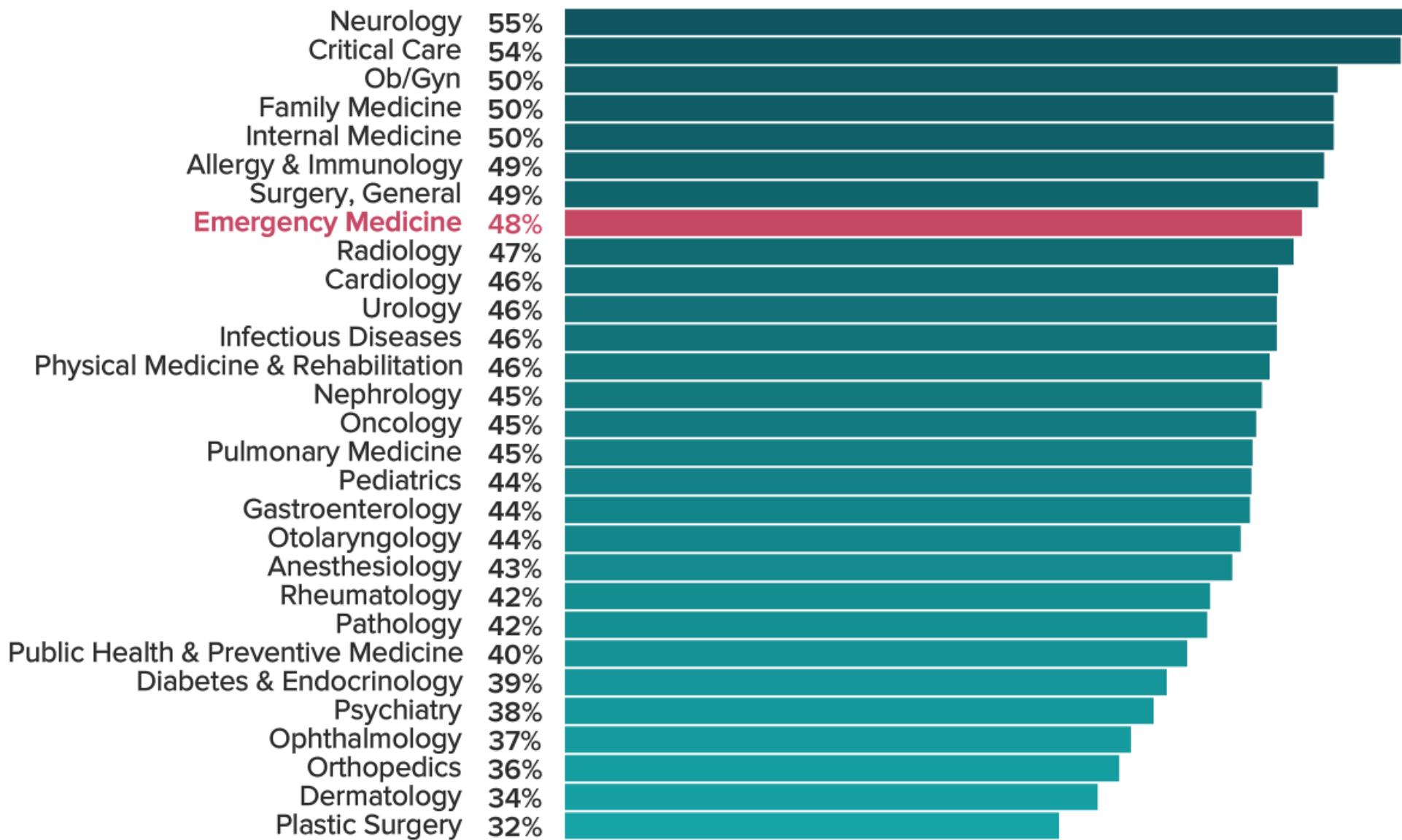
Which Physicians Are Happiest Outside of Work?



Which Physicians Are Happiest at Work?



Which Physicians Are Burned Out, Depressed, or Both?





Career Satisfaction in Emergency Medicine: The ABEM Longitudinal Study of Emergency Physicians

Rita K. Cydulka, MD, MS

Robert Korte, PhD

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American Board of Emergency Medicine, East Lansing, MI

Table 4. Variables associated with low career satisfaction.

Variable	Odds Ratio	95% CI
Any leadership role in professional life	0.3	0.2–0.6
Consider these to be serious problems in day-to-day work		
Burnout	7.5	4.1–14.0
Level of energy needed for work	2.2	1.2–4.2
Enough time for personal life	2.8	1.2–6.3
Believe these work conditions/ opportunities exist in current position		
Lack of control over working conditions	2.3	1.0–5.2
Lack of exciting work	4.2	1.5–12.0
Lack of job security	2.7	1.2–6.3
Lack of personal reward	4.7	1.8–12.2
Clinical teaching	0.2	0.1–0.6

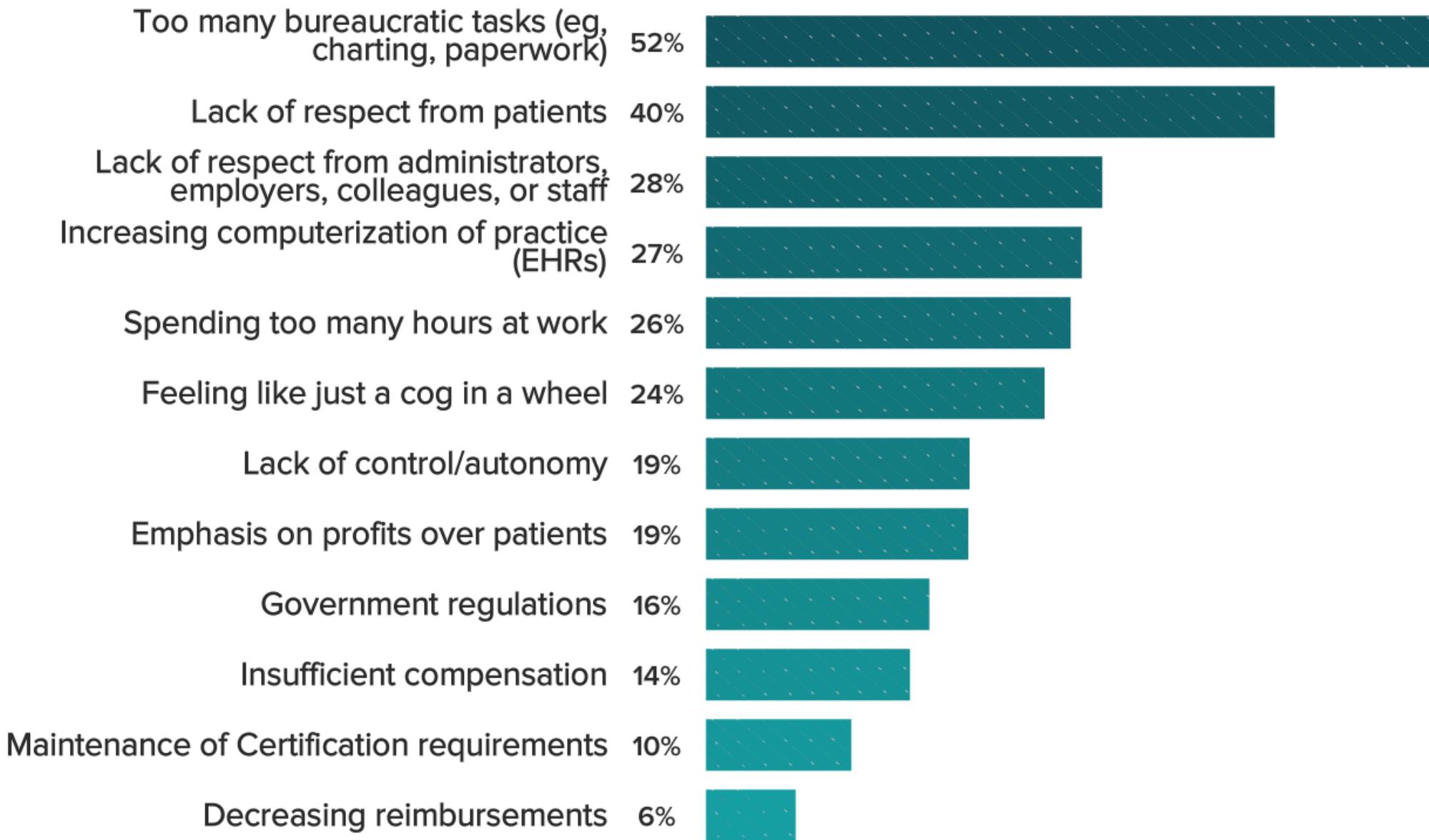
Panel series regression analysis for longitudinal/panel data adjusted for sex, age, and 58 other variables.

Table 5. Variables associated with burnout.

Variable	Odds Ratio	95% CI
Any leadership role in professional life	0.6	0.4–0.9
Consider these to be serious problems in day-to-day work		
Knowing enough	2.0	1.2–3.2
Level of energy needed to work	3.0	2.0–4.7
Fatigue	6.0	3.9–9.2
Enough time for personal life	1.9	1.1–3.2
Consider these to be serious problems in day-to-day work		
Level of patient acuity	2.3	1.2–4.2
Length of shifts	3.7	2.0–6.9
Number of night shifts	3.6	2.0–6.2
Opportunity to attend conferences	3.0	1.5–5.8
Colleagues	3.7	1.8–8.0
Believe these work conditions/ opportunities exist in current position		
Lack of control over working conditions	1.9	1.1–3.4
Lack of personal reward	2.8	1.2–6.4
ED census 20,000–60,000	2.2	1.2–4.5

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What Contributes to EM Physicians' Burnout?



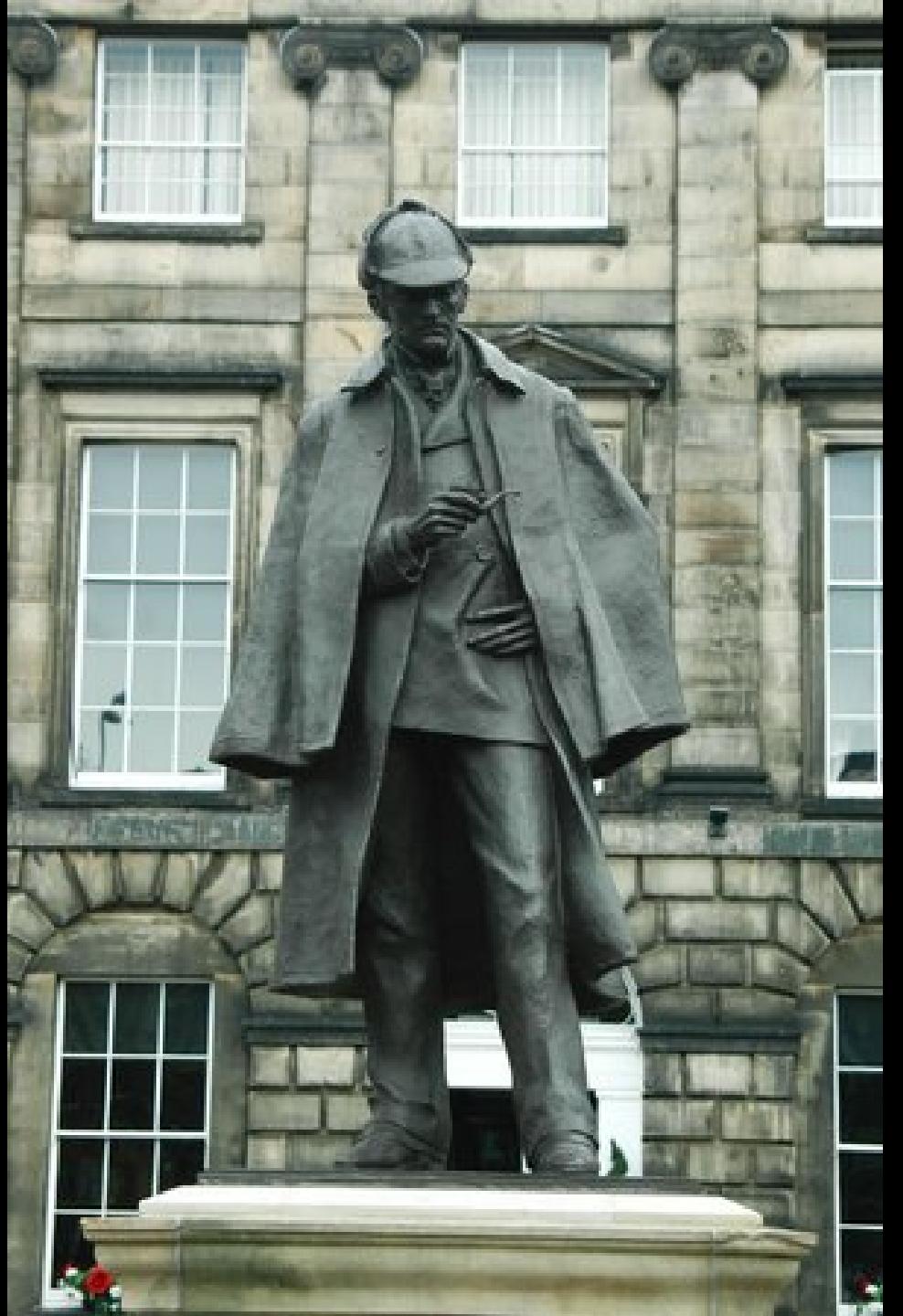


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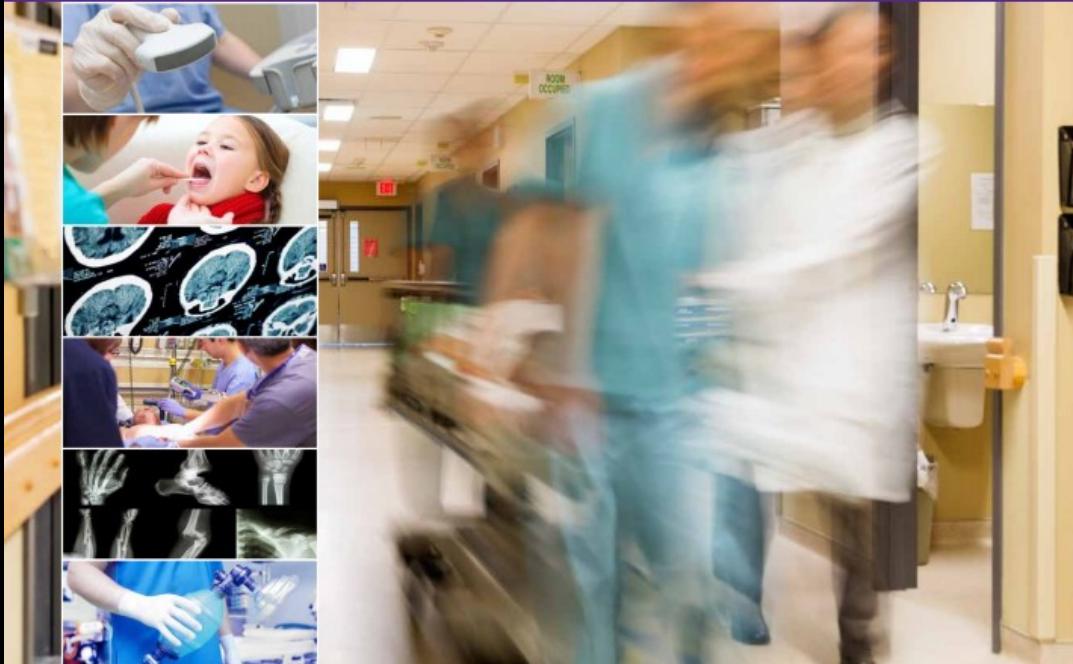






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Being Well in Emergency Medicine: ACEP's Guide to Investing in Yourself

Edited by Rita A. Manfredi, MD, FACEP and Julia M. Huber, MD, FACEP



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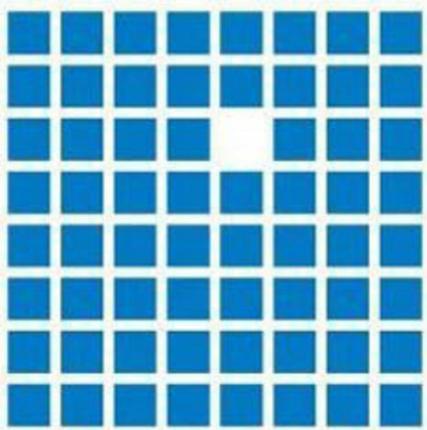
Eesti Erakorralise Meditsiini Arstide Selts

**Kui saaksite täna uuesti residentuuri eriala valida,
kas valiksite erakorralise meditsiini?**

Erakorralise meditsiini residentuuri lõpetajad 2000-2007

25 □ 9 □ 7+2

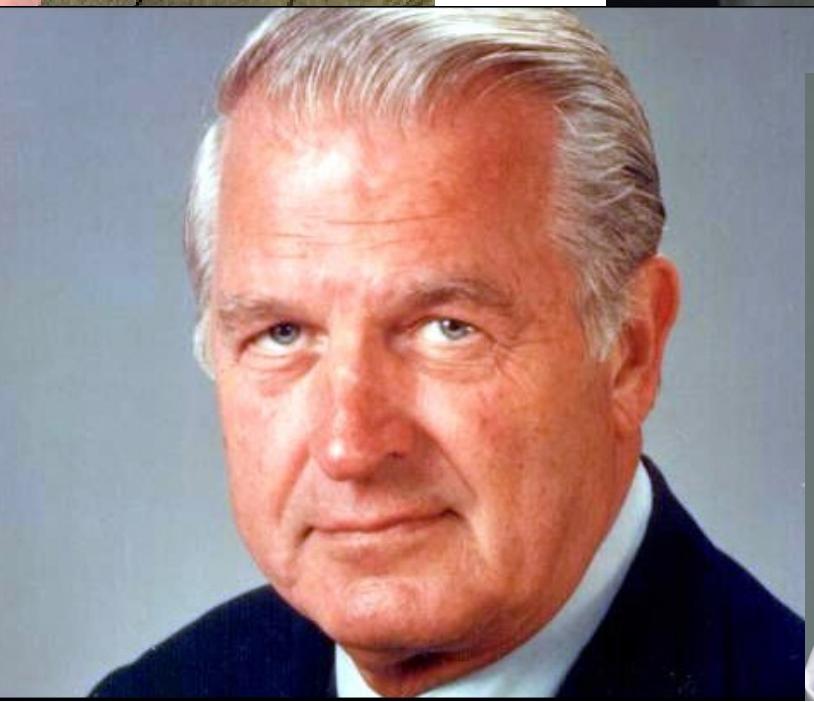




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Kuidas saada pikk ja rahulolu
pakkuv karjääär erakorralises
meditsiinis?







Alusta teekonda lõppeesmärki silmas pidades

Stephen Covey







Table 4. Variables associated with low career satisfaction.

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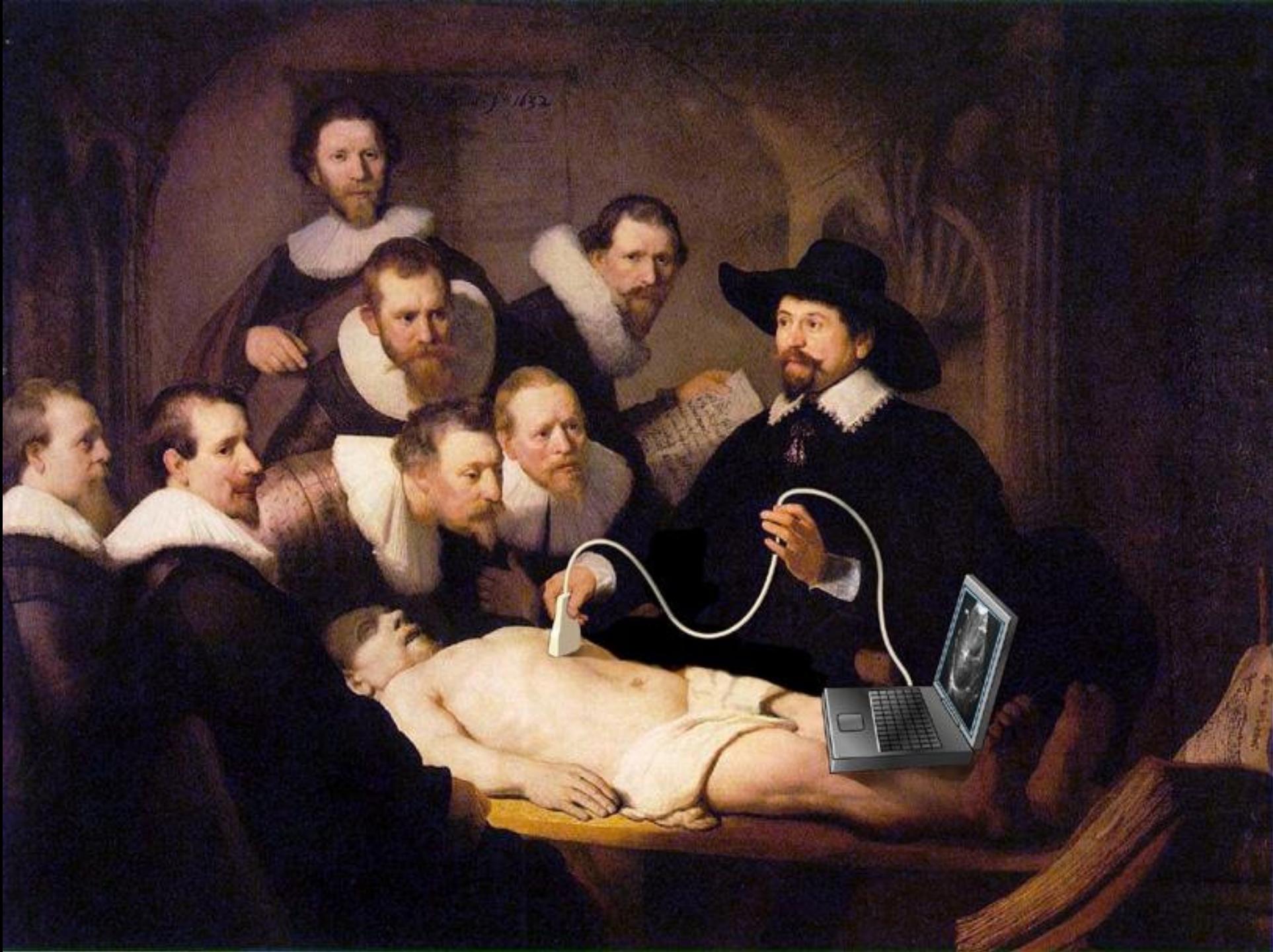
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- [Pediatric Emergency Medicine](#)
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- [Brain Injury Medicine](#)
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- [Surgical Critical Care](#)

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Aitäh!